

# Exclusive Tutorial

## Therapeutic Position obtained by Controlled Mandibular Repositioning

### 2023 - 2024



UNIVERSITÄTSZAHNKLINIK  
MEDIZINISCHE UNIVERSITÄT WIEN

This course of the Medical University is operated by the  
Vienna School of Interdisciplinary Dentistry

**VieSID** | Vienna School of  
Interdisciplinary Dentistry  
*Education in Occlusion Medicine*

VieSID® - Vienna School of Interdisciplinary Dentistry  
The Slavicek Foundation e.V.  
Wiener Schule für interdisziplinäre Zahnheilkunde  
ZVR-Zahl: 486412109

Wasserzeile 35  
3400 Klosterneuburg  
Austria  
[www.viesid.com](http://www.viesid.com)

Edition: December 2022  
© VieSID 2022

## ABOUT

---

### „Cranio-mandibular Disorders -Therapeutic position obtained by the Controlled Mandibular Repositioning method (C.M.R.)”

Dr. Alain Landry's course offers the finest and most recent schools of thought in North America, Europe and Japan. This program enables dentists to acquire new knowledge and develop new competencies, which they can incorporate into the heart of their practices for the well-being of their patients. More confidence in diagnosing and elaborating treatment plans related to the patient's condition, whether the patient is being treated in initial therapy, transitional therapy or definitive therapy, is one of the goals during this Exclusive Tutorial.

This continuum is for dentists who want to treat more complex cases of Cranio-Mandibular Disorders (C.M.D.). Teaching includes the essential concepts of Professor Rudolf Slavicek, electronic Condylography, computerized cephalometry with an emphasis on Controlled

Mandibular Repositioning (C.M.R.) - a method developed by Dr. Alain Landry in 1994 and subject of his Master thesis in 2005. Most schools of thought on C.M.D. have focused on the treatment of neuro-muscular disorders (N.M.D.).

In C.M.D. cases with regard to internal derangements (I.D.) and degenerative joint disease (D.J.D.), these neuro-muscular approaches might partially decrease muscle pain but are unable to solve the internal derangement nor the degenerative joint disease.

For this reason, Controlled Mandibular Repositioning was developed. This method dramatically increases the success rate of internal derangement cases and of degenerative joint disease cases.

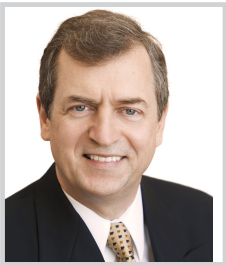




## LECTURER

---

### Dr. Alain Landry, MSc



When he worked as a dentist in his own private practice, Dr. Alain Landry decided to orient his work exclusively to Cranio-Mandibular Disorders, Orthodontics, and Prosthodontics (removable, fixed and implant-supported). Encouraged by several of his colle-

agues, Dr. Landry decided to found a dental institute in his name in 1992, where he has openly shared with his colleagues his clinical experience as well as methods, he has perfected to ensure the well-being of his patients.

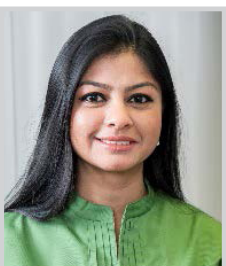
### Dr. Diwakar Singh, MSc



2000-2005: Bachelor in Dental Surgery Punjab, India. 2006: Doctoral registration with Punjab Dental Council, India. 2007: PG Diploma with Prof. Rudolf Slavicek in TMD Functional Diagnosis, AT. 2010: Academic Expert for Craniofacial Functional Orthodontic, AT. 2014:

MSc in Dental Science MSDS (Craniofacial-Orthodontics) MEAW technique with Prof Sadao Sato for TMD patients, AT. 2015: PG Diploma in Controlled Mandibular Repositioning, Austrian Dental Council. 2017: - Practical assistant with Prof. Dr. Alain Landry for Controlled Mandibular Repositioning course at VieSID in cooperation with Medical University Vienna. PhD student in TMD (Internal derangements) N790 Applied Medical Science

### Dr. Deepti Garg, MDSc



Bachelors in dental sciences (India 2005), Masters in Prosthetics (Med uni wien)  
2012-2014, Advanced Prosthetics curriculum (VieSID and Med Uni Wien) 2019. Diploma in Orthodontics 2021.  
Private Dental Practice in Vienna

since 2021. Pursuing PhD in relation to TMDs at University Dental Clinic, Vienna.

***„Modern dentistry is becoming more and more diverse; we are offering treatments that have not been available until now. With the evolution of new technologies, our profession seems to have forgotten the importance of an optimal maxillo-mandibular relationship and of functional occlusion for each of our patients who have specific treatment needs.”***

by Dr. Alain Landry

## PROGRAM

---

What this training offers practitioners:

- How to work in an interdisciplinary team
- In the event where an initial therapy is deemed necessary, choose the optimal cranio-mandibular relationship.

Controlled Mandibular Repositioning (C.M.R.), a method for treating severe cases of Cranio-Mandibular Disorders (C.M.D.) by learning:

- The use of a Mandibular Position Variator (M.P.V.)
- The elimination of reducible joint luxation (estimated rate of success: 95%)
- The elimination of tenderness to palpation without medication (success rate with statistical data: 95%)
- How to treat cases of non-reducible joint luxation either recent or chronic
- How to treat D.J.D. cases (arthrosis and arthritis cases)
- How to treat cases which have had condylectomy

When clinical signs and symptoms of dysfunction are solved (or reduced to a minimum) and treatment can proceed to the final stages (Definitive Therapy), clinicians need to have methods which allow them to go from Initial Therapy to Definitive Therapy without the loss of the cranio-mandibular relationship (End Therapeutic Position), which was established at the end of Initial Therapy, whatever Definitive Therapy would be:

- Removable prosthodontics
- Fixed prosthodontics
- Orthodontics
- Orthognathic surgery

The exclusive Tutorial consists out of 4 modules of each 3 days. Every module includes theoretical inputs and hands-on trainings (practical work) between participants and also on patients.

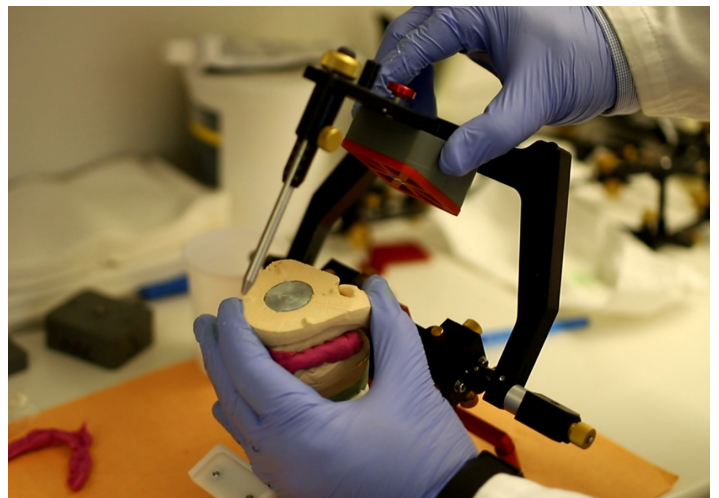
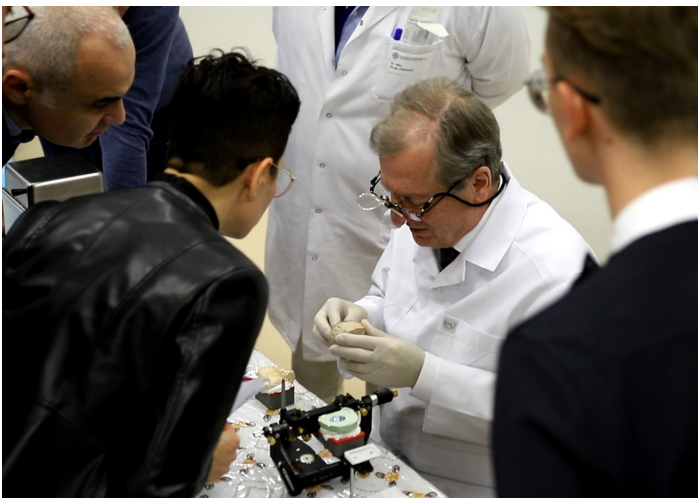
Hands-on: Complete documentation and treatment (Initial Therapy) of new patients will be demonstrated in each module. Follow-up of the patients will be done in the next modules.

Each participant is encouraged to completely document his/her own patient's cases and to share it within the group.

## TOPICS

---

- Reference Position
  - In physiologic cases
  - In Internal Derangement cases
  - In Degenerative joint disease cases
- Occlusion
- Cranio-mandibular disorders
- Controlled Mandibular Repositioning principles (theory and practice) for each patient
- Palpation (theory and practice) of structures of the masticatory organ
- Muscle vectors
- Electronic Condylography
- Specific Condylographic protocol for the C.M.R. method
- Analysis and interpretation of condylographic tracings for Controlled Mandibular Repositioning method
- Electronic Condylar Position Measurement (E.C.P.M.)
- Mechanical C.P.M. (if required)
- The use of a 3-D Mandibular Position Variator (M.P.V.)
- T.M.J. X-Rays
- Lateral cephalometric X-Ray
- M.R.I.
- CBCT
- Cadias digitizing + interpretation
- Muscle palpation training between participants
- Body posture evaluation
- Full patient documentation and case presentation on Controlled Mandibular Repositioning (for each new patient and follow up on previous patients)
- Diagnosis (for each patient)
- Preliminary treatment plan (for each patient)
- Mounting the casts on Variator
- Stabilizer (splint) fabrication (for each patient)
- Transition from Initial Therapy to Definitive Therapy (Transitional Therapy):
- How to maintain the end Therapeutic Position:
  - by removable prosthodontics
  - by fixed prosthodontics
  - by orthodontics
  - by orthognathic surgery
- Para-occlusal clutch installation on fixed orthodontic cases



## GENERAL INFORMATION

---

<b>Host</b>	Medical University of Vienna & University Clinic of Dentistry Vienna
<b>Organized by</b>	VieSID® Vienna School of Interdisciplinary Dentistry in cooperation with the Medical University of Vienna
<b>Lecturers</b>	Dr. Alain Landry, Dr. Diwakar Singh and Dr. Deepti Garg
<b>Course language</b>	English / with possibility of Russian translation
<b>Target group</b>	Dentists, Hands-on on stabilizers: Dentists and Dental technicians
<b>Certificate</b>	After successfully passing all modules the participant will get a certificate of VieSID in cooperation with the Medical University & University Clinic of Dentistry of Vienna
<b>Patient treatment</b>	Patient treatment during the course is subjected to the participant's sole responsibility. The students are advised to extend their dental-professional liability insurance to their dental work during the course, the course venue and the course duration. Each participant will have to sign a waiver of liability at the start of the course.
<b>Venue</b>	The exclusive tutorial will be held at the University Clinic of Dentistry Vienna
<b>REGISTRATION</b>	Please register at: <a href="http://www.viesid.com">www.viesid.com</a> or send your registration form to: <a href="mailto:info@viesid.com">info@viesid.com</a>

To guarantee intensive and effective lessons, This course is limited to 8 participants for maximum benefit and efficacy.  
Further information about price and dates at: [www.viesid.com](http://www.viesid.com)

---

**For detailed information please contact:**

**VieSID® Vienna School of Interdisciplinary Dentistry**  
**phone: +43(0)2243 21962**  
**e-mail: [info@viesid.com](mailto:info@viesid.com)**

**[www.viesid.com](http://www.viesid.com)**